

# ST. MICHAEL'S CHURCH AND PARISH MAGAZINE *JUNE 2020*



Another abbreviated Parish Magazine this month!

Please see the notices inside; there are names and phone numbers for help at this very difficult time.

Please do pass on these to any of your neighbours who may not have the information.

## **You should:**

**Use the 111 online** service if you develop a high temperature or continuous cough; only call 111 if you're unable to get help online  
Call your GP if you are advised to

## **You should not:**

Visit your GP  
Go to A & E

Most people will be assessed via the NHS 111 service and this should still be the first port of call for those with Coronavirus symptoms or those who are unsure, and many patients will be able to look after themselves at home following self-care advice and with support from NHS 111.

A proportion of these people will require a face to face assessment to ensure their safety and suitability for either staying at home or escalation to hospital care. This could be via a designated assessment centre area.

## **Churchwardens:**

**Jane Lunt (662910)**

**Diana Thomas (663738)**

## **Coronavirus - We're here to help**

If you need any advice, assistance, or you are self-isolating, so need food, supplies, dog walking etc., **we have a team** who will try to help you.

If you would like to join the Marbury WhatsApp group, contact **Jill Shakeshaft: 07702 303590** and she will add you to the group. It's a great way of keeping in touch and up-to-date with what's happening locally.

If you need any shopping or prescriptions picking up (which will be left on your doorstep) call **Hannah Owen – 07791 712504** - who will co-ordinate and arrange for someone to do this.

If you know someone in the community who may not have access to the internet or a mobile phone, and who may need support, please pass their details on to **Hannah** who will pair them up with a “support buddy”.

If you would like to chat to someone, or you are struggling with isolation or the feeling of anxiety, **Alison** has volunteered to offer support and a listening ear:

**Alison Hunter Johnston 07967 955669**

For contact calls and prayers, you can speak to **Jane Lunt, 01948 662910 or 07412 688648, or Diana Thomas 01948 663738**

### **Health and Safety:**

When taking delivery of grocery or prescription orders please remember current **government advice regarding hygiene** to help keep you safe and well – **gov.uk**. **Do** wash your hands after any contact with goods.

Please remember Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (at least 2m distance). Wash your hands regularly.

## MARBURY PARISH MAGAZINE, JUNE 2020

Throughout the weeks of lockdown, I have become increasingly aware of a heightening of the senses! The sky looks a more vibrant shade of blue than I remember (due, I am told, to the lack of pollution and vapour trails from planes). The air tastes fresh and the smell from the earth and hedgerow flowers is over-powering and wonderful. I didn't realise the birds sang loudly all day, probably because, following the dawn chorus in pre-lockdown times, other sounds of busy life, particularly traffic noise, would emerge and hide the constant twittering.

I am missing touch in this time of social distancing and find it incredibly hard to keep - what feels an unnatural distance - from friends and family. However, I am touched by a sense of community. We have a support group, someone to turn to if needed, which gives a sense of comfort and thankfulness for all that is good in our world despite these difficult times.

As a counsellor I now work with my clients on the telephone. Without the ability to see body language and have eye contact, my ear has become attuned to sense emotion without seeing. I hear the loss of hope, the pause in a sentence, the silence of a thought and I hear the tears. Usually, I would pass a tissue, now I have to ask if they have one to hand. I am present with them only through a telephone; they cannot see me, but, somehow, they feel the empathy, the fact that they are heard and the comfort of that presence.

I think, how similar this is to my own faith and relationship with Jesus. He is ever present and yet I cannot see him or touch him physically. However, I am comforted in the knowledge that he is there, within and without me, in spirit. I see his glory and power in all creation and his tenderness and compassion in the kindness of strangers. He is available for a conversation through prayer any time of the day or night. He speaks to me through the words of the Bible and I hear his voice in the voices of others. I know that I am loved, and through his love I am forgiven, cared for, and valued.

In this time of sudden disruption to my life, I have realised how valuable and poignant this Bible passage is (Romans 8: 35) -

*"Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or sword?"  
....Or Covid-19?*

May the love of Christ be with you,  
**Ali Hunter Johnston**

## VILLAGE HALL SWOP SHOP!

We know you're all getting very keen on your jigsaws, books, DVDs to occupy yourselves in these restricted times.

The Village Hall will be open on Thursday each week, from 10.00 a.m. to 5.00 p.m., for people to drop off any items they think might help others; on Monday the hall will be open for people to collect anything.

If you want to have your items returned, please make this clear on a "post-it" note with your name on it.

Please maintain "social distancing" if you meet anyone at the hall, wash your hands before and after handling items, especially on return to your home: remember **government advice regarding hygiene** to help keep you safe and well – **gov.uk**.

**The hall is also open to receive food donations for the Whitchurch Food Bank—a huge, grateful "thank you" to all who have given.**



**Please ! -**

act in a responsible manner and clean up after your dog - Footpaths, grass verges near people's houses, public areas - it's **horrid** even when it's hidden! No-one wants a nasty surprise....

The grass outside the Village Hall is particularly bad; please do **not** allow your dog to foul this area.

## PARISH COUNCIL

Parish Council meetings aren't taking place at the moment because of the current restrictions.

However, do please contact your local Parish Councillor if you have any queries or concerns about local matters.

Clerk to the Parish Council:

Lisa Tiplady [clerk@marburyanddistrict.org.uk](mailto:clerk@marburyanddistrict.org.uk)

# Whitchurch Food bank Donations



## Suggested Items:

Whole and Semi Long Life Milk  
Tinned Rice Pudding  
Small Sponge Puddings  
Long Life Fruit Juice  
Tinned Vegetables  
Small Jars of Coffee  
Tinned Spaghetti

Squash  
Jars of Jam  
Tinned Fruit  
Rice Pudding  
Tinned Fish  
Tooth paste  
Rice/Pasta

or any other suitable items

Many thanks to those who donate.  
All items will be gratefully received.

The Village Hall will be open for you to drop off  
donations on a Thursday, from 10.00 a.m. to 5.00 p.m.

## Useful phone numbers and contacts for residents

Church business	01948 663738/662910
Parish web-site	<a href="http://www.parishmag.org">www.parishmag.org</a>
Clerk Parish Council	Lisa Tiplady <a href="mailto:clerk@marburyanddistrict.org.uk">clerk@marburyanddistrict.org.uk</a>
Parish Council web-site:	<a href="http://www.marburyanddistrict.org.uk">www.marburyanddistrict.org.uk</a>
Village Hall Bookings	664900 (Penny Allington)
Village Hall web-site:	<a href="http://www.marburyvillagehall.co.uk">www.marburyvillagehall.co.uk</a>
<i>Doctors:</i>	
Churchmere Practice	01948 320044 (Bridgewater)
Wrenbury Surgery	01270 780210
Out of hours	Dial 111 — NHS
Travel information	<a href="http://traveline.info">traveline.info</a>
Mobile library	0300 123 5018 3rd Thursday, p.m.
Citizens' Advice Bureau	0800 630 0762
Police, non-emergency	101
Police, emergency	999
Police Officer Nicky Berry	<a href="mailto:nicola.berry@cheshire.pnn.police.uk">nicola.berry@cheshire.pnn.police.uk</a>
PCSO 7149 Sharon Jones	<a href="mailto:sharon.jones@cheshire.pnn.police.uk">sharon.jones@cheshire.pnn.police.uk</a>
Nantwich Police Web Site	<a href="http://www.cheshire.police.uk">www.cheshire.police.uk</a>
Cheshire East Information	0300 123 5500
To report litter	0300 123 5011
Environmental Health	0300 123 5015
Dog Warden	0300 123 5021
Social Care and Health	0300 123 5010
Potholes	0300 123 5020 <a href="http://www.cheshireeasthighways.org">www.cheshireeasthighways.org</a>

### **Defibrillators** are located at:

phone boxes @ Wrenbury Road Marbury & Gauntons Bank, Norbury; Ravensmoor x roads; The Black Bear, Whitchurch; The Civic Centre, Whitchurch; The Bull Ring, Whitchurch; Sainsbury's, Whitchurch; Tesco, Whitchurch; Swimming Baths, Whitchurch; Cholmondeley Arms.

If you have information which would be helpful to others please e-mail them to: ***[makinatmarbury@aol.com](mailto:makinatmarbury@aol.com)***

### **More useful phone numbers and contacts:**

Cheshire East Fire & Rescue Service	01606 868700
Crimestoppers (you can call anonymously)	0800 555 111
Cheshire East Council	0300 123 5500
Childline	0800 1111
Red Cross	0844 871 1111
Samaritans	116 123
Alzheimer's Society	0300 222 1122
The Silver Line	0800 470 8090
NHS Choices	<a href="http://www.nhs.uk">www.nhs.uk</a>

## **PARISH COUNCILLORS to contact for local matters:**

### **MARBURY**

Janet Makin	1 Heath Lane, Marbury,	SY13 4NE	01948 665724
Chris Wheeler	The Old Smithy, Marbury	SY13 4LS	01948 665981
John David	Rowan Hse, School Ln, Marbury	SY13 4LH	01948 666065
Andy Ashton	Fox Hall, Heath Lane, Marbury	SY13 4NB	07779 271758

### **NORBURY**

John Gibbins	The Mount Farm, Norbury,	SY13 4HT	01948 663734
Philip Shakeshaft	The Croft, Norbury,	SY13 4HS	01948 666221
Rob Perry	<b>Chair:</b> Pear Tree Farm, Norbury,	SY13 4HZ	01948 666350
Marian Turnbull	Ginger Cottage, Swanwick Green,	SY13 4HL	07949 784308

### **WIRSWALL**

Joe Briggs	Wood Farm, Wirswall,	SY13 4LF	01948 663733
Fiona Wilson	2 Bradeley Gn Cottages	SY13 4HE	07801 928925
Peter Chapman	Greenbank Farm	SY13 4HD	01948 662131

### **CLERK, PARISH COUNCIL:**

Lisa Tiplady	clerk@marburyanddistrict.org.uk	07788 288015
Web Site:	<b>www.marburyanddistrict.org.uk</b>	

### **BOROUGH COUNCILLOR:**

Stan Davies	Egerton Farm, Egerton, Malpas,	SY14 8AN	01829 720368
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### **MEMBER OF PARLIAMENT:**

Edward Timpson	edward.timpson.mp@parliament.uk	01829 733 243
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